

On the Gamecard



A **POWER UP** is an activity where you listen to an audio, read something or do an exercise and then share your insights.



Predict Your Superpower Energies

Complete the exercise to contemplate and then predict your 11 Superpower Energies.



Share

WHAT TO SHARE: Share the 11 Energy numbers that you have selected. That's it.

{Chart of 64 Energies on the next page}

YOU! Unleashed.

Predict Your Superpowers

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What are your Superpowers?

Step 1: On your first pass, place a dot next to all Superpowers that feel resonant for you.

Step 2: Contemplate the energies you selected.

Step 3: Circle the 11 Superpowers that feel **most** resonant.

01 Creative Self-Expression

◇ Aligning with universal expansion

02 Receive Higher Guidance

◇ And all support

03 Implement the New

▢ Using principles of organizing

04 Pursue Answers

▽ That create understanding

05 Trust Inner Timing

▢ Attuned to the natural world

06 Maintain Emotional Balance

◀ In intimacy and conflict

07 Support Shared Interests

◇ The guide at their side

08 Trusted Agent for Creatives

▢ Impresario of style

09 Attentive Focus

▢ Fascinated by features

10 Empowered Self Love

◇ And appreciation of life

11 Espouse Ideas

▽ That promote harmony

12 Romantic Perception

▢ For a better future

13 Listen with Acceptance

◇ Appreciate uniqueness

14 Excellence with Prosperity

▢ Commitment to becoming skillful

15 Adaptable Magnetism

◇ Friends at all levels

16 Choose then Enthuse

▢ Develop versatile skills

17 Debate Opinions

▽ For future well-being

18 Improve Integrity

▶ Review everything for flaws

19 Approach with Sensitivity

▢ Inner drive to connect

20 Assured Presence

▢ Anticipate the right moment to act

21 Take Charge Naturally

◀ Authority for common good

22 Gracious with Emotions

◀ With beauty and affection

23 Express Complex Ideas Simply

▢ Find what is essential

24 Inventive Thinking

▽ Review and rationalize

25 Innocent Trust

◇ Accept universal love

26 Accumulate Material Rewards

◀ Artfully balance needs

27 Nourish Well-Being

▢ In many forms

28 Play with Tenacity

▶ Meet life's challenges

29 Commit then Persevere

▢ Never give up

30 Intense Desire

◀ With total engagement

31 Natural Influence

▢ Provide guidance and instruction

32 Endure by Adapting

▶ Balance continuity and change

33 Mindful Narrator

▢ After retreat and recharge

34 Great Power

▢ Fueled by inner balance

35 Seek Experiences

▢ Learn from everything

36 Resolve Crisis

◀ Ride the emotions

37 Develop Harmonic Friendships

◀ Community foundation

38 Inspired Fighter

▢ For freedom and underdogs

39 Dynamic Activist

▢ Embrace the world mirror

40 Accomplish Great Feats

◀ With unshakable resolve

41 Imagine Fulfilling Experiences

▢ Emptiness leads to fantasies

42 Respond and Complete Things

▢ Enjoy growth as a benefit

43 Breakthrough Perceptions

▽ Assimilate new concepts

44 Build Teams and See Patterns

▶ Alert to instinctive clues

45 Tribal Leader

▢ Provide wellbeing for your people

46 Love of Your Body

◇ Delight and determination

47 Figure Out How

▽ Transcend through transmuting fear

48 Depth of Natural Ability

▶ Keeping fresh becomes wisdom

49 Wise Rebel for New Principles

◀ Timing waves of change

50 Elevate Tribal Values

▶ Traditional or novel with merit

51 Act with Shocking Initiative

◀ Arousing alternative possibilities

52 Gain Perspectives through Stillness

▢ Show restraint

53 Initiate Experience

▢ Pressure and desire to expand

54 Ambition to Advance

▢ Independent when subordinate

55 Access to Spirit

◀ Emotional waves trigger creativity

56 Tell Meaningful Stories

▢ Travel to find stimulation

57 Gentle Intuitive Clarity

▶ Vibrational sensitivity to truth

58 Joyous Vitality

▢ The spark to engage with life

59 Penetrate Barriers to Intimacy

▢ Establish union

60 Resourceful Facing Limitations

▢ Practical magic

61 Inspired by Wonder

▢ Search for a bigger "why"

62 Logically Organize Details

▢ Precision planning

63 Inspired by Doubt

▢ Critical perception and inquiry

64 Inspired by Possibilities

▢ Seeking a perfect answer